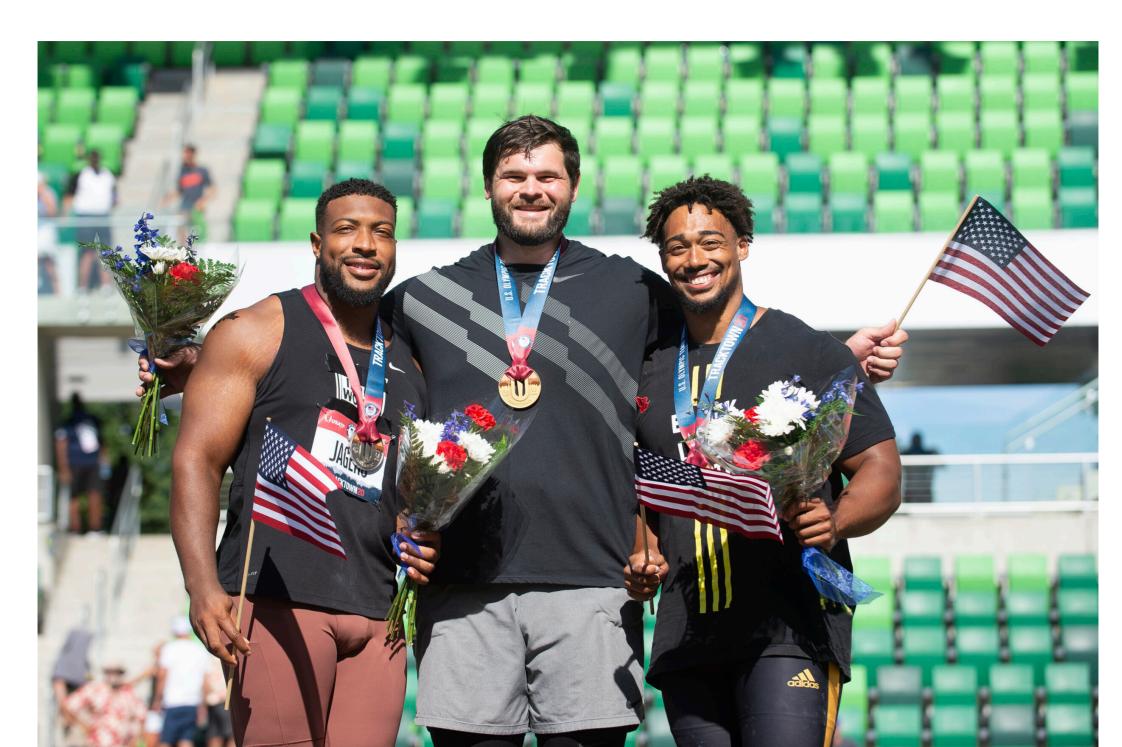




## Nine false starts rile up the Hayward fans, steeplechase and discus champions crowned

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Mason Finley (center), Reggie Jagers (left), and Sam Mattis (right) stand atop the podium as freshly minted Olympians after the shot put finals on Friday. Photo by Adam Eberhardt

By Caela Fenton and Kate Walkup

focused and be able to dial back in."

EUGENE, Ore. – In the first of two finals on Friday, Mason Finley (63.07m), Reggie Jagers (62.61m) and Sam Mattis (62.51m) topped the podium in the men's discus to kick off the sixth day of competition at the 2020 Track and Field Olympic Trials at Hayward Field.

"My warmups weren't going great, my first three throws weren't going great, and then I just stopped trying to tweak things and said, 'you've just got to make this team, you gotta go,'" Finley said. "I settled into my technique and turned a bad day into an ok day."

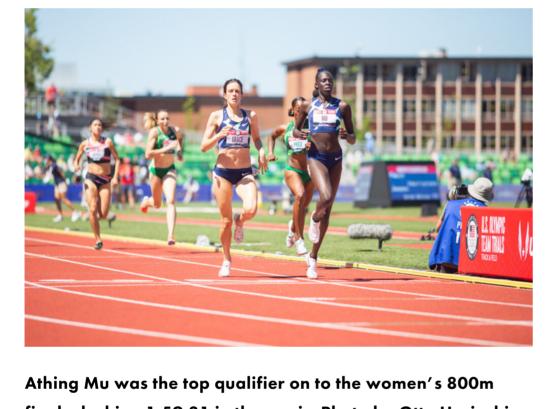
(13.26) and Jaylan McConico (13.35) took heat wins to lead the qualifiers into Saturday's semifinal. The fourth heat witnessed four false starts before getting off smoothly.

explained, "but you have to expect anything in championship season." He says the key to making it through is to "just stay

In the first round of the men's 110m hurdles, Grant Holloway (13.11), Daniel Roberts (13.22), former Duck Devon Allen

The top eight women in the 800m semifinal advanced to Saturday's final. Athing Mu (1:59.31) and Ajee' Wilson (1:59.49) won their respective heats.

McConico said that four call-backs was the most he's ever heard of in a race. "I've seen maybe three, tops," he



final, clocking 1:59.31 in the semis. Photo by Otto Horiuchi

Mu said. "April is the last time I got to see how my gears work in the race, so being able to do it in the semi definitely makes me feel so much better going into the final."

Sydney McLaughlin (54.07), Shamier Little (55.22),

"I haven't raced an 800 in awhile, besides yesterday,"

Cassandra Tate (56.11) and world record holder Dalilah Muhammad (55.51) took away heat wins to lead the top 16 women in the 400m hurdles to Saturday's semifinal. The first heat saw multiple call-backs, similar to the men's 110m hurdles. By the third false start call for the women, the Hayward crowd started voicing its displeasure.

In the men's 1,500m semifinal, Craig Engels led the first heat to the fastest Trials semifinal ever, clocking 3:38.56. Matthew Centrowitz won the second semifinal in 3:42.96—the

former Duck crossed the line with current University of Oregon freshman Cole Hocker. The top 12 qualifiers advanced to the final that will be contested on Sunday.

Former Duck Jenna Prandini sprinted to a personal record of 21.99 and Gabby Thomas also ran a personal record,

clocking 21.94, to win their heats in the women's 200m semifinal. The top eight sprinters—including five-time Olympian Allyson Felix—advanced to the final scheduled for Saturday.

To close out day six of the Olympic Trials, Hillary Bor (8:21.34), Benard Keter (8:21.81) and Mason Ferlic (8:22.05) raced

"It was just to come in, execute my race and it was tough, but it's one of the best accomplishments I've met," Bor said. "I

in the javelin to Saturday's final.

Maggie Malone threw 59.62m to lead the top 12 women

wanted to make sure 2016 was not a fluke."

their way onto the U.S. men's 3,000m steeplechase team.

jump by Jarrion Lawson to lead the qualifying field of 12 to the final on Sunday.

The men's qualifying round of the long jump saw an 8.12m

heat wins to lead the eight fastest hurdlers to the final of the men's 400m hurdles scheduled for Saturday. Erriyon Knighton (20.04), Isiah Young (20.21), Terrance

Kenny Selmon (48.51) and Rai Benjamin (48.61) took

respective heats of the men's 200m first round. The semifinal will be contested on Saturday.

Six athletes cleared 2.19m in the men's high jump

Laird (20.44) and Andrew Hudson (20.40) won their



the 2016 Olympic Trials. Photo by Jay Bendlin

Bill Dellinger was honoured as the 2021 Legendary Coach, receiving a standing ovation from Hayward Field.

qualifying round. The top 12 jumpers advanced to the final

will be contested on Sunday.

## Bor credits long jump skills, bests field in

Olympic Trials steeplechase final

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